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## **Etching of Crystals** - K. Sangwal 2012-12-02

Defects in Solids, Volume 15: Etching of Crystals: Theory, Experiment, and Application focuses on the processes, reactions, and methodologies involved in the etching of crystals, including thermodynamics and diffusion. The publication first underscores the defects in crystals, detection of defects, and growth and dissolution of crystals. Discussions focus on thermodynamic theories, nature of pit sites, surface roughening during diffusion-controlled dissolution, growth controlled by simultaneous mass transfer and surface reactions, and chemical and thermal etching. The text then examines the theories of dissolution and etch-pit formation and the chemical aspects of the dissolution process, including catalytic reactions, dissolution of semiconductors, topochemical adsorption theories, and diffusion theories. The book tackles the solubility of crystals and complexes in solution and the kinetics and mechanism of dissolution. Topics include metallic crystals, semiconductors, stability of complexes, relationship between solubility, surface energy, and hardness of crystals, and solvents for crystals and estimation of crystal solubility in solvents other than water. The publication is a dependable source of data for readers interested in the etching of crystals.

## **The Euthanist** - Alex Dolan 2015-06-10

“Much more than a brilliant debut thriller. Dolan’s mile-a-minute story also gets at one of our species’ most important issues—can we choose how to die?” (Dylan Schaffer, author of *I Right the Wrongs*) In this auspicious debut, Alex Dolan announces himself as a virtuoso of psychological suspense and a rightful heir to masters of the genre like Gillian Flynn and Megan Abbott. Kali helps to end the lives of people with terminal diseases, her reasons her own. But she just helped the wrong person. Leland Moon is an FBI agent who couldn’t stop the abduction of his own son. He ropes Kali into a plot to avenge his son and help other victims, putting into a motion a mesmerizing cat-and-mouse game with two ruthless predators. Their mission will make Kali question everything she ever thought she know about herself. And the last life she ends may be her own . . . “Grabbed me from the first page and showed no signs of letting go. Dark and sinewy, topical and timeless, laced with rich characterization and gallows humor, it showcases Dolan as a thriller writer to watch and follow.” —Louis Bayard, bestselling author of *Courting Mr. Lincoln* “Alex Dolan makes an engrossing debut with *The Euthanist* . . . Dolan hooks readers from the very start, ratcheting up the tension and suspense until the shocking ending. As a thriller writer, Alex Dolan is set to be one of the best.” —Fresh Fiction “[An] action-packed story . . . Arriving with eerily uncanny timing, Alex Dolan’s debut novel, *The Euthanist*, tackles the prickly topic of death with dignity.” —San Jose Mercury News

**Circles of Learning** - David W. Johnson 1993

David and Roger Johnson and Edythe Holubec. An overview of cooperative learning. The essential components of successful cooperative learning, the teacher's role, and the teaching of social skills to students are all covered. Cooperation among teachers is also discussed. An excellent introduction to cooperative learning. -- Publisher.

**Ocean and Coastal Law and Policy** - Donald C. Baur 2015

Providing an excellent and current resource for understanding the complexities of ocean and coastal law and policy, *Ocean and Coastal Law and Policy* is trusted resource that brings together the expertise of the country's leading scholars and practitioners in these fields. Covering the full array of issues involved - from maritime jurisdiction and boundaries to water quality protection to fisheries management and marine mammal protection to offshore energy development and climate change - each chapter addresses the current state of the law for the topic, followed by analysis of the emerging and unresolved issues. Its final chapters address the principles, legal authorities, and planning for a transition toward an ecosystem-based management approach to U.S. coastal and ocean areas. Topics covered include: - Maritime jurisdiction and boundaries - The Public Trust Doctrine - The role of the states - Regulation of coastal wetlands and other U.S. waters - Managing coastal development - National Environmental Policy Act (NEPA) - Coastal water quality protection - Ocean dumping and marine pollution - Oil spill liability - Offshore renewable energy - Fisheries management and trade in fish and fisheries products - The 1982 U.N. Convention on the Law of the Sea - Offshore energy development

Instructional Design Theory - M. David Merrill 1994

This pack contains two guides to Microsoft Windows 98. *Windows 98 User Manual* teaches how to use Windows and *Windows 98 Hints and Hacks* provides advanced information for the user already familiar with Windows.

*Why Marriages Succeed or Fail* - John Gottman 2012-12-11

Psychologist John Gottman has spent twenty years studying what makes a marriage last. Now you can use his tested methods to evaluate, strengthen, and maintain your own long-term relationship. This breakthrough book guides you through a series of self-tests designed to help you determine what kind of marriage you have, where your strengths and weaknesses are, and what specific actions you can take to help your marriage. You'll also learn that more sex doesn't necessarily improve a marriage, frequent arguing will not lead to divorce, financial problems do not always spell trouble in a relationship, wives who make sour facial expressions when their husbands talk are likely to be separated within four years and there is a reason husbands withdraw from arguments—and there's a way around it. Dr. Gottman teaches you how to recognize attitudes that doom a marriage—contempt, criticism, defensiveness, and stonewalling—and provides practical exercises, quizzes, tips, and techniques that will help you understand and make the most of your relationship. You can avoid patterns that lead to divorce, and—*Why Marriages Succeed or Fail* will show you how.

**Primary Care Nutrition** - David Heber 2017-07-14

This book contains the necessary knowledge and tools to incorporate nutrition into primary care practice. As a practical matter, this effort is led by a dedicated primary care physician with the help of motivated registered dietitians, nurses, psychologists, physical therapists, and office staff whether within a known practice or by referral to the community. It is essential that the nutrition prescription provided by the physician be as efficient as possible. While many team members have superior knowledge in the areas of nutrition, exercise, and psychology, the health practitioner remains the focus of patient confidence in a therapy plan. Therefore, the endorsement of the plan rather than the implementation of the plan is the most important task of the physician. This book proposes a significant change in attitude of primary health care providers in terms of the power of nutrition in prevention and treatment of common disease. It features detailed and referenced information on the role of nutrition in the most common conditions encountered in primary care practice. In the past, treatment focused primarily on drugs and surgery for

the treatment of disease with nutrition as an afterthought. Advanced technologies and drugs are effective for the treatment of acute disease, but many of the most common diseases such as heart disease, diabetes, and cancer are not preventable with drugs and surgery. While there is mention of prevention of heart disease, this largely relates to the use of statins with some modest discussion of a healthy diet. Similarly, prevention of type 2 diabetes is the early introduction of metformin or intensive insulin therapy.

#### Instructional-design Theories and Models - Charles M. Reigeluth 2013-05-13

Instructional theory describes a variety of methods of instruction (different ways of facilitating human learning and development) and when to use--and not use--each of those methods. It is about how to help people learn better. This volume provides a concise summary of a broad sampling of new methods of instruction currently under development, helps show the interrelationships among these diverse theories, and highlights current issues and trends in instructional design. It is a sequel to *Instructional-Design Theories and Models: An Overview of Their Current Status*, which provided a "snapshot in time" of the status of instructional theory in the early 1980s. Dramatic changes in the nature of instructional theory have occurred since then, partly in response to advances in knowledge about the human brain and learning theory, partly due to shifts in educational philosophies and beliefs, and partly in response to advances in information technologies. These changes have made new methods of instruction not only possible, but also necessary in order to take advantage of new instructional capabilities offered by the new technologies. These changes are so dramatic that many argue they constitute a new paradigm of instruction, which requires a new paradigm of instructional theory. In short, there is a clear need for this Volume II of *Instructional Design Theories and Models*. To attain the broad sampling of methods and theories it presents, and to make this book more useful for practitioners as well as graduate students interested in education and training, this volume contains twice as many chapters, but each half as long as the ones in Volume I, and the descriptions are generally less technical. Several unique features are provided by the editor to help readers understand and compare the theories in this book: \*Chapter 1, which discusses the characteristics of instructional theory and the nature of the new paradigm of instruction, helps the reader identify commonalities across the theories. \*Chapter forewords, which summarize the major elements of the instructional-design theories, are useful for reviewing and comparing theories, as well as for previewing a theory to decide if it is of interest, and for developing a general schema that will make it easier to understand. \*Editor's notes provide additional help in understanding and comparing the theories and the new paradigm of instruction to which they belong. \*Units 2 and 4 have introductory chapters to help readers analyze and understand the theories in those units. This is an essential book for anyone interested in exploring new approaches to fostering human learning and development and thinking creatively about ways to best meet the needs of learners in all kinds of learning contexts. Readers are invited to use Dr. Charles Reigeluth's Web site to comment and to view others' comments about the instructional design theories in this book, as well as other theories.

Point your browser to: [www.indiana.edu/~idtheory](http://www.indiana.edu/~idtheory)

#### **Health Promoting Palliative Care - Allan Kellehear 1999**

Health promotion has traditionally focused on illness prevention, targeting the fit and well. But what about those who live with life-threatening or terminal illness? *Health -Promoting Palliative Care* proposes a model of care that goes beyond simply providing care in the final stages of life and draws on critical and participatory principles from both palliative care and health promotion. Emphasising early intervention and a social approach to the problems and experiences of dying, it encourages service providers, family members, and the dying themselves to seek ways to promote emotional, social, and spiritual well-being, as well as physical health. The book begins by looking at the ways in which health promotion can be introduced to palliative care. It goes on to outline the goals and practice principles of a health promoting palliative care. Later chapters address practice strategies relevant to health and death education, social supports, interpersonal reorientation, and environmental and policy development. *Health Promoting*

Palliative Care is a valuable, practical, and accessible resource for practitioners working alone or in health care institutions, for students of the health sciences, social work, or pastoral care, and for those working in policy areas.

*The Heart of Parenting* - John Mordechai Gottman 1997

A professor of psychology details a five-step process called "emotion coaching" that allows parents to raise a child better able to cope with his or her emotions. 35,000 first printing.

*Public Trials* - Lida Maxwell 2015

Should we view moments of democratic failure as revealing the failure of democracy, or as revealing a contested, contingent failing that could have been otherwise? This is the question that Lida Maxwell examines via exploration of three writers' diagnoses of, and responses to, democratic failure in three sets of trial writings: Edmund Burke's writings on the Warren Hastings impeachment in late 18th century Britain, Emile Zola's writings on the Dreyfus Affair in late 19th century France, and Hannah Arendt's writings on the Eichmann trial in 1960s Israel.

**Food** - Warren Belasco 2008-10-15

"Food: The Key Concepts presents an exciting, coherent and interdisciplinary introduction to food studies for the beginning reader. Food Studies is an increasingly complex field, drawing on disciplines as diverse as Sociology, Anthropology and Cultural Studies at one end and Economics, Politics and Agricultural Science at the other. In order to clarify the issues, Food: The Key Concepts distills food choices down to three competing considerations: consumer identity; matters of convenience and price; and an awareness of the consequences of what is consumed. The book concludes with an examination of two very different future scenarios for feeding the world's population: the technological fix, which looks to science to provide the solution to our future food needs; and the anthropological fix, which hopes to change our expectations and behaviors. Throughout, the analysis is illustrated with lively case studies. Bulleted chapter summaries, questions and guides to further reading are also provided."--P. [4] of cover.

**Rethinking Dance History** - Lorraine Nicholas 2017-07-14

The need to 'rethink' and question the nature of dance history has not diminished since the first edition of Rethinking Dance History. This revised second edition addresses the needs of an ever-evolving field, with new contributions considering the role of digital media in dance practice; the expansion of performance philosophy; and the increasing importance of practice-as-research. A two-part structure divides the book's contributions into: • Why Dance History? – the ideas, issues and key conversations that underpin any study of the history of theatrical dance. • Researching and Writing – discussions of the methodologies and approaches behind any successful research in this area. Everyone involved with dance creates and carries with them a history, and this volume explores the ways in which these histories might be used in performance-making – from memories which establish identity to re-invention or preservation through shared and personal heritages. Considering the potential significance of studying dance history for scholars, philosophers, choreographers, dancers and students alike, Rethinking Dance History is an essential starting point for anyone intrigued by the rich history and many directions of dance.

**Obesity Treatment and Prevention: New Directions** - A. Drewnowski 2012-10-26

Obesity continues to be a major problem for global public health, affecting not only adults, but increasingly also adolescents and even young children. Moreover, obesity and diabetes are no longer limited to wealthy societies: rates are also rising in low- and middle-income countries. Summarizing some of the key issues in obesity treatment and prevention, this publication promotes novel and interdisciplinary approaches and explores cutting-edge ideas that span child development, nutrition, behavioral sciences, economics, geography and public health. Contributions suggest a sequence of steps that may result in new ways to address obesity at the personal as well as at the population level: First, a clear understanding of who becomes obese, where, and for what reason is needed. Second, the likely contributions to overeating by the brain, biology, economics and the environment need to be identified.

Then, based on the understanding of disease etiology and its distribution by geography and by social strata, targeted yet comprehensive strategies for obesity prevention and treatment for both individuals and groups need to be developed.

**General Relativity and Gravitational Physics** - Giampiero Esposito 2005-03-29

All papers were peer reviewed. Research advances in gravitation and general relativity are discussed, ranging from classical to quantum theories of gravity. Relativistic theories have become the basic model for new research fields encompassing important experiments and observations which represent a frontier on which Einstein's theory of gravity can be tested. This will provide some new insight into the field of gravitational physics. The proceedings will be a valuable source for advanced graduate students and research workers at all levels.

**Steam and Hot Water Heating** - H. C. Lincoln 1912

Empty Pleasures - Carolyn de la Peña 2010-09-27

Sugar substitutes have been a part of American life since saccharin was introduced at the 1893 World's Fair. In *Empty Pleasures*, the first history of artificial sweeteners in the United States, Carolyn de la Peña blends popular culture with business and women's history, examining the invention, production, marketing, regulation, and consumption of sugar substitutes such as saccharin, Sucaryl, NutraSweet, and Splenda. She describes how saccharin, an accidental laboratory by-product, was transformed from a perceived adulterant into a healthy ingredient. As food producers and pharmaceutical companies worked together to create diet products, savvy women's magazine writers and editors promoted artificially sweetened foods as ideal, modern weight-loss aids, and early diet-plan entrepreneurs built menus and fortunes around pleasurable dieting made possible by artificial sweeteners. NutraSweet, Splenda, and their predecessors have enjoyed enormous success by promising that Americans, especially women, can "have their cake and eat it too," but *Empty Pleasures* argues that these "sweet cheats" have fostered troubling and unsustainable eating habits and that the promises of artificial sweeteners are ultimately too good to be true.

**Computers As Cognitive Tools** - Susanne P. Lajoie 2013-05-13

Highlighting and illustrating several important and interesting theoretical trends that have emerged in the continuing development of instructional technology, this book's organizational framework is based on the notion of two opposing camps. One evolves out of the intelligent tutoring movement, which employs artificial-intelligence technologies in the service of student modeling and precision diagnosis, and the other emerges from a constructivist/developmental perspective that promotes exploration and social interaction, but tends to reject the methods and goals of the student modelers. While the notion of opposing camps tends to create an artificial rift between groups of researchers, it represents a conceptual distinction that is inherently more interesting and informative than the relatively meaningless divide often drawn between "intelligent" and "unintelligent" instructional systems. An evident trend is that researchers in both "camps" view their computer learning environments as "cognitive tools" that can enhance learning, performance, and understanding. Cognitive tools are objects provided by the instructional environment that allow students to incorporate new auxiliary methods or symbols into their social problem solving which otherwise would be unavailable. A final section of the book represents researchers who are assimilating and accommodating the wisdom and creativity of their neighbors from both camps, perhaps forming the look of technology for the future. When the idea of model tracing in a computer-based environment is combined with appreciation for creative mind-extension cognitive tools and for how a community of learners can facilitate learning, a camp is created where AI technologists and social constructivist learning theorists can feel equally at home.

*Body Weight Status of Adults* - Charlotte A. Schoenborn 2002

**The Cornell Alumni News** - 1916

### **Female Pelvic Medicine and Reconstructive Surgery** - Rebecca Rogers 2013-07-05

A unique combination medical reference and full-color surgical atlas on female pelvic medicine and reconstructive surgery. An essential clinical companion and an outstanding practical review, *Female Pelvic Medicine & Reconstructive Surgery* is the most comprehensive single-volume resource available on urogynecology. It delivers a solid introduction to this growing subspecialty and thoroughly covers its underlying principles with an emphasis on diagnostic techniques and management strategies. Authored by a team of international experts, the book is enhanced by hundreds of original full-color photographs and illustrations that provide step-by-step guidance on key surgical procedures. *Female Pelvic Medicine & Reconstructive Surgery* is logically divided into four sections: **Fundamental Topics**--Includes essentials such as epidemiology, anatomy of the pelvic floor, mechanisms of disease, and evaluation of the patient with pelvic floor dysfunction. **Disease States**--Covers lower urinary tract dysfunction, functional anorectal disorders, pelvic organ prolapse, and other pelvic floor disorders. **Clinical Management**--Details pessaries, physical therapy, behavioral therapy, the use of graft materials in reconstructive surgery, peri-operative and post-operative medical evaluation and care, and incorporating new treatments into clinical practice. **Surgical Atlas**--Reviews surgical instrumentation and illustrates surgery for stress urinary incontinence, pelvic organ prolapse, fistula repair, anal incontinence, and covers the management of surgical complications.

### *Classical Myth on Screen* - M. Cyrino 2015-11-08

An examination of how screen texts embrace, refute, and reinvent the cultural heritage of antiquity, this volume looks at specific story-patterns and archetypes from Greco-Roman culture. The contributors offer a variety of perspectives, highlighting key cultural relay points at which a myth is received and reformulated for a particular audience.

### **Controversies in Clinical Nutrition** - John J. Cunningham 1980

### 28men - Wayne Ward 2009-10

Revenge was just one of the catalysts responsible for the disposal of the Australian Commonwealth Shipping Line to Great Britain. In reality the final sale was a gift to a conglomerate of British shipowners; five new passenger ships and two large special purpose vessels all that remained of 57 ships. Ships sold for little more than their scrap value with a small down payment followed by default. *28men* depicts an explosive period of endemic industrial disputation, the near general strike that crippled New South Wales in 1917. During this volatile period of strikes, union power, political intrigues and a world at war, there emerged from near anarchy a conservative cohesion of political forces within the Australian government. A coalition of Nationalist and Country Party had ample justification to crush the union movement; the Moreton Bay debacle as flagship of the Sydney Harbour Regatta, the Bass Strait ferry Loongana near tragedy, and the doomed union struggle against the introduction of a foreign time and motion regime. On a permanent confrontational footing strode the Wobblies through the shambles, Industrial Workers of the World who fearlessly fought the establishment with sometimes disastrous results. Out of this turmoil a chance meeting in New York between a young Australian seaman and an I.W.W. organiser grew a love story as turbulent as the period.

### Culinary Capital - Peter Naccarato 2013-07-18

TV cookery shows hosted by celebrity chefs. Meal prep kitchens. Online grocers and restaurant review sites. Competitive eating contests, carnivals and fairs, and junk food websites and blogs. What do all of them have in common? According to authors Kathleen LeBesco and Peter Naccarato, they each serve as productive sites for understanding the role of culinary capital in shaping individual and group identities in contemporary culture. Beyond providing sustenance, food and food practices play an important social role, offering status to individuals who conform to their culture's culinary norms and expectations while also providing a means of resisting them. *Culinary Capital* analyzes this phenomenon in action across the landscape of contemporary culture. The authors examine how each of the sites listed above promises

viewers and consumers status through the acquisition of culinary capital and, as they do so, intersect with a range of cultural values and ideologies, particularly those of gender and economic class.

**Structural Impact** - Norman Jones 2011-12-26

Structural Impact is concerned with the behaviour of structures and components subjected to large dynamic, impact and explosive loads which produce inelastic deformations. It is of interest for safety calculations, hazard assessments and energy absorbing systems throughout industry. The first five chapters introduce the rigid plastic methods of analysis for the static behaviour and the dynamic response of beams, plates and shells. The influence of transverse shear, rotatory inertia, finite displacements and dynamic material properties are introduced and studied in some detail. Dynamic progressive buckling, which develops in several energy absorbing systems, and the phenomenon of dynamic plastic buckling are introduced. Scaling laws are discussed which are important for relating the response of small-scale experimental tests to the dynamic behaviour of full-scale prototypes. This text is invaluable to undergraduates, graduates and professionals learning about the behaviour of structures subjected to large impact, dynamic and blast loadings producing an inelastic response.

**The Dome Builder's Handbook** - John Prenis 1973

This book is for people who want to build their own domes. It's also for those who are interested in domes and want to learn more about them.

**Occupational Therapy in Australia** - Ted Brown 2020-07-16

This ground-breaking text provides a comprehensive guide to occupational therapy in Australia, from its role in the healthcare system to the scope and nature of its practice. The authors begin with an overview of the history of occupational therapy in Australia, the ethical and legal aspects of its practice and its role in population health and health promotion. The values and philosophy of occupational therapy are considered next, together with the roles and responsibilities of practitioners and specific practice features, including client-centred practice, evidence-based practice, research in occupational therapy and clinical reasoning. Key issues, including occupational analysis, the development of occupations across the lifespan, occupational therapy assessment, Indigenous issues, practice in rural and remote areas and advocacy, leadership and entrepreneurship, are also examined in detail. The first text specifically written for Australian entry-to-practice students by Australian authors, this book is destined to become an essential reference for both students and professionals in the field. 'Truly a valuable resource for all Australian occupational therapy students and practitioners.' Professor Jenny Ziviani, Children's Allied Health Research, The University of Queensland 'This is a text that will have many editions and document the evolution of the profession for decades to come.' Professor Carolyn M. Baum, School of Medicine, Washington University in St. Louis

**The History of Bulgaria** - Frederick B. Chary 2011

This comprehensive overview of the history of Bulgaria covers events in this important Balkan nation from its 9th-century origins in the first Bulgarian Empire through the present day. \* Provides a detailed chronology of major events from medieval times to the present \* Includes a bibliographical essay of major reference works in English \* Supplies an extensive glossary of Bulgarian words and other related terms such as cheta, Bogomil, and April Plenum \* Contains a list of notable persons in Bulgarian history such as Khan Asparuch, Aleksandur Stamboliiski, and King Boris III

**Nonprofit Sustainability** - Jeanne Bell 2010-11-05

Praise for NONPROFIT SUSTAINABILITY "This is much more than a financial how-to book. It's a nonprofit's guide to empowerment. It demystifies mission impact and financial viability using The Matrix Map to provide strategic options for any organization. A must-read for every nonprofit CEO, CFO, and board member." —Julia A. McClendon, chief executive officer, YWCA Elgin, Illinois "This book should stay within easy reaching distance and end up completely dog-eared because it walks the reader through a practical but sometimes revelatory process of choosing the right mix of programs for mission impact and financial sustainability. Its use is a practice in which every nonprofit should engage its board once a year." —Ruth

McCambridge, editor in chief, *The Nonprofit Quarterly* "Up until a few years ago, funding and managing a nonprofit was a bit like undertaking an ocean voyage. Now, it's akin to windsurfing—you must be nimble, prepared to maximize even the slightest breeze, and open to modifying your course at a moment's notice. Innovative executive directors or bold board members who want their organization to be able to ride the big waves of the new American economy must read this book." —Robert L. E. Egger, president, DC Central Kitchen/Campus Kitchens Project/V3 Campaign "Most nonprofits struggle to find a long-term sustainable business model that will enable them to deliver impact on their mission. Thanks to Jeanne Bell, Jan Masaoka, and Steve Zimmerman help is now in sight. This book offers practical, concrete steps you can take to develop your own unique path to sustainability without compromising your mission." —Heather McLeod Grant, consultant, Monitor Institute, and author, *Forces for Good: The Six Practices of High-Impact Nonprofits* "At last! An urgently needed framework to prepare leaders to meet head-on the persistent twin challenges of impact and sustainability. This is a practical tool based on good business principles that can bring boards and staff members together to lead their organizations to sustainable futures." —Nora Silver, adjunct professor and director, Center for Nonprofit and Public Leadership, Haas School of Business, University of California, Berkeley "Together, Jeanne Bell, Jan Masaoka, and Steve Zimmerman equal wisdom, experience, and know-how on sustainability and lots of other things. Buy, read, and learn from this terrific book!" —Clara Miller, president and CEO, Nonprofit Finance Fund "Wisdom, experience, and know-how. Buy, read, and learn from this terrific book!" —Clara Miller, president and CEO, Nonprofit Finance Fund

*What Color Is Your Diet?* - David Heber 2002-06-18

Don't settle for a diet that's mainly beige or white! Add some color to your diet and enjoy a level of health and energy you never dreamed possible. In *What Color Is Your Diet?* renowned medical researcher David Heber, M.D., introduces Eat for Your Genes food plans -- revolutionary approaches incorporating the latest breakthroughs in nutritional and genetic research -- and his unique 7 Colors of Health food-selection system, which groups fruits and vegetables by the colorful, beneficial chemical substances they contain. This groundbreaking book includes: □NA-compatible food plans that supercharge your health and help you lose excess body fat □he ten best herbal remedies for everyday health problems □ips on colorizing your diet and twenty fully Color-Coded recipes □ample weekly menus, tips for dining out, and shopping lists

**Female Pelvic Reconstructive Surgery** - Stuart L. Stanton 2002-09-24

The interest in pelvic floor reconstruction has grown rapidly in recent years. The collaboration between urologists, gynaecologists and colorectal surgeons has also increased. The book covers the surgical anatomy, urinary and faecal incontinence and their treatment, prolapse surgery, fistulae and post-operative management. *Female Pelvic Reconstructive Surgery* is a multi-disciplinary book edited by Stuart L Stanton, Urogynaecologist, and Phillipe Zimmern, Urologist, with contributions by internationally known and experienced clinicians. The book is well illustrated, up to date and authoritative.

*Emerging Perspectives on Learning, teaching, and Technology* - Michael Orey 2012-03-20

*Emerging Perspectives on Learning, Teaching, and Technology*

*Hidden Hunger* - H.K. Biesalski 2016-05-24

Malnutrition caused by deficiencies of vitamins and minerals - also called hidden hunger - impairs both the intellectual and physical development of a child. Due to the absence of clinical symptoms and assessments, no intervention can be staged. The tragedy is that this, in turn, decreases the child's chance to escape from poverty. This book looks at malnutrition in high-income countries, the nutrition transition and nutritional deficiencies in low-income countries, consequences of hidden hunger, and interventions to improve nutrition security. Written by leading experts in the field, it clearly stresses that national governments and international organizations must make malnutrition one of their top priorities in order to provide children with optimal conditions for a healthy future.

**Appetite for Change** - Warren J. Belasco 2007



In this engaging inquiry, Warren J. Belasco considers the rise of the "countercuisine" movement in the 1960s.

**Public Discourses of Contemporary China** - Y. Shen 2015-03-03

Analyzing contemporary Chinese literature, film, and television, Shen shows the significance of nationalism for the mass imagination in post-socialist China. Chapters move from the intellectual idealism of the 1980s, through the post-Tiananmen transition, to the national cinema of the 1990s, and finally to the Internet literature of today.

*How to Design and Build Your Dome Home* - Gene Hopster 1981

Shows sample dome house designs, explains how they can be modified, and suggests how to build and heat a dome house economically.

**Intelligent Systems** - Bogdan M. Wilamowski 2018-10-03

The Industrial Electronics Handbook, Second Edition combines traditional and newer, more specialized knowledge that will help industrial electronics engineers develop practical solutions for the design and implementation of high-power applications. Embracing the broad technological scope of the field, this collection explores fundamental areas, including analog and digital circuits, electronics, electromagnetic machines, signal processing, and industrial control and communications systems. It also facilitates the use of intelligent systems—such as neural networks, fuzzy systems, and evolutionary methods—in terms of a hierarchical structure that makes factory control and supervision more efficient by addressing the needs of all production components. Enhancing its value, this fully updated collection presents research and global trends as published in the IEEE Transactions on Industrial Electronics Journal, one of the largest and most respected publications in the field. As intelligent systems continue to replace and sometimes outperform human intelligence in decision-making processes, they have made substantial contributions to the solution of very complex problems. As a result, the field of computational intelligence has branched out in several directions. For instance, artificial neural networks can learn how to classify patterns, such as images or sequences of events, and effectively model complex nonlinear systems. Simple and easy to implement, fuzzy systems can be applied to successful modeling and system control. Illustrating how these and other tools help engineers model nonlinear system behavior, determine and evaluate system parameters, and ensure overall system control, Intelligent Systems: Addresses various aspects of neural networks and fuzzy systems Focuses on system optimization, covering new techniques such as evolutionary methods, swarm, and ant colony optimizations Discusses several applications that deal with methods of computational intelligence Other volumes in the set: Fundamentals of Industrial Electronics Power Electronics and Motor Drives Control and Mechatronics Industrial Communication Systems

Eight Dates - John Gottman 2019-02-05

Whether you're newly together and eager to make it work or a longtime couple looking to strengthen and deepen your bond, Eight Dates offers a program of how, why, and when to have eight basic conversations with your partner that can result in a lifetime of love. "Happily ever after" is not by chance, it's by choice- the choice each person in a relationship makes to remain open, remain curious, and, most of all, to keep talking to one another. From award-winning marriage researcher and bestselling author Dr. John Gottman and fellow researcher Julie Gottman, Eight Dates offers an ingenious and simple-to-implement approach to effective relationship communication. Here are the subjects that every serious couple should discuss: Trust. Family. Sex and intimacy. Dealing with conflict. Work and money. Dreams, and more. And here is how to talk about them—how to broach subjects that are difficult or embarrassing, how to be brave enough to say what you really feel. There are also suggestions for where and when to go on each date—book your favorite romantic restaurant for the Sex & Intimacy conversation (and maybe go to a yoga or dance class beforehand). There are questionnaires, innovative exercises, real-life case studies, and skills to master, including the Four Skills of Intimate Conversation and the Art of Listening. Because making love last is not about having a certain feeling—it's about both of you being active and

involved.

**Nutrition and Gastrointestinal Disease** - Mark DeLegge 2007-12-26

This volume serves as a hands-on, practical reference in nutrition support for the clinical gastroenterologist and for other clinicians with similar interests. The book offers expert nutritional knowledge and management ideas. It also provides methodology for combating problems such as short bowel syndrome, inflammatory bowel disease, celiac disease and obesity.